Track: 2020-10-31 Pizzo di Intermesoli da F. Cerreto — **Date: 31/10/2020**

Track: 2020-10-31 Pizzo di Intermesoli da F. Cerreto	**IBP = 210 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	20.38 Km
Analyzed distance	20.38 Km
Lineal distance	0.03 Km

Accumulated climb	2035.7 m
Accumulated descent	2023.2 m
Maximum height	2640.8 m
Minimal height	1138.9 m
Climb rate	20.09 %
Descent rate	20.99 %
Positive climb difference per km	99.89 m
Negative descent difference per km	99.27 m

Total time	7:52:58 h
Time in movement	6:51:11 h
Stopped time	1:01:47 h

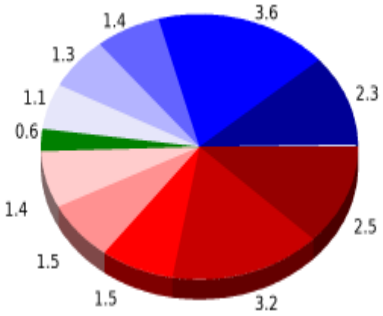
Total speed average	2.59 Km/h
Average speed in movement	2.97 Km/h
Maximum held speed	6.41 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1222 (cad. 16.68 m)
Significant points	530 (cad. 38.52 m / 43.37 %)
Aberrant points	104 (8.51 % d. total)

Direction changes per km	13.44
Direction changes >5º per km	10.5
Accumulated straight stretches	3.122 Km
Straight stretches per km	153.19 m
Penalizables slope changes	18
Penalizables slope changes per km	0.883

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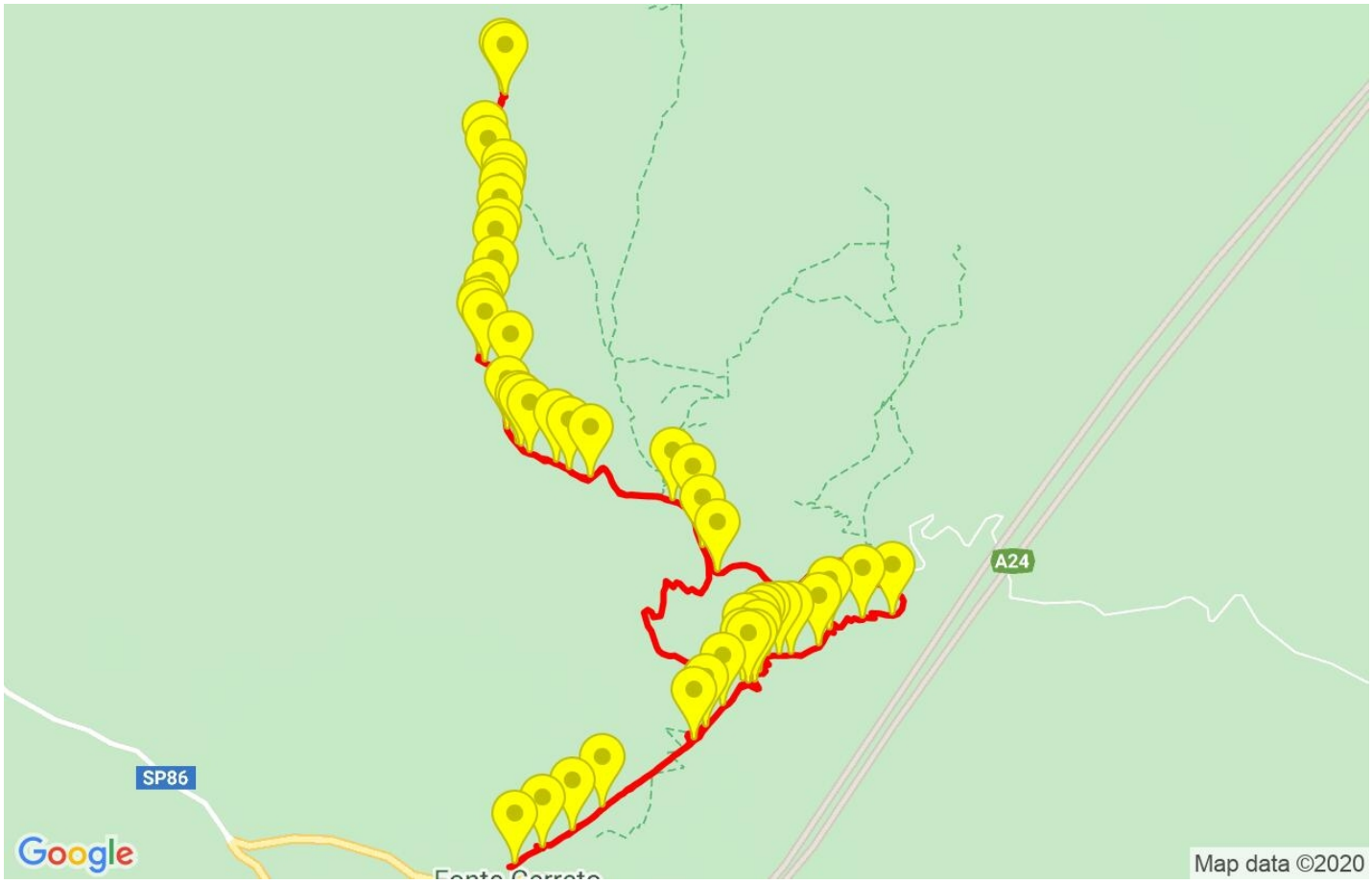
Summary of slopes

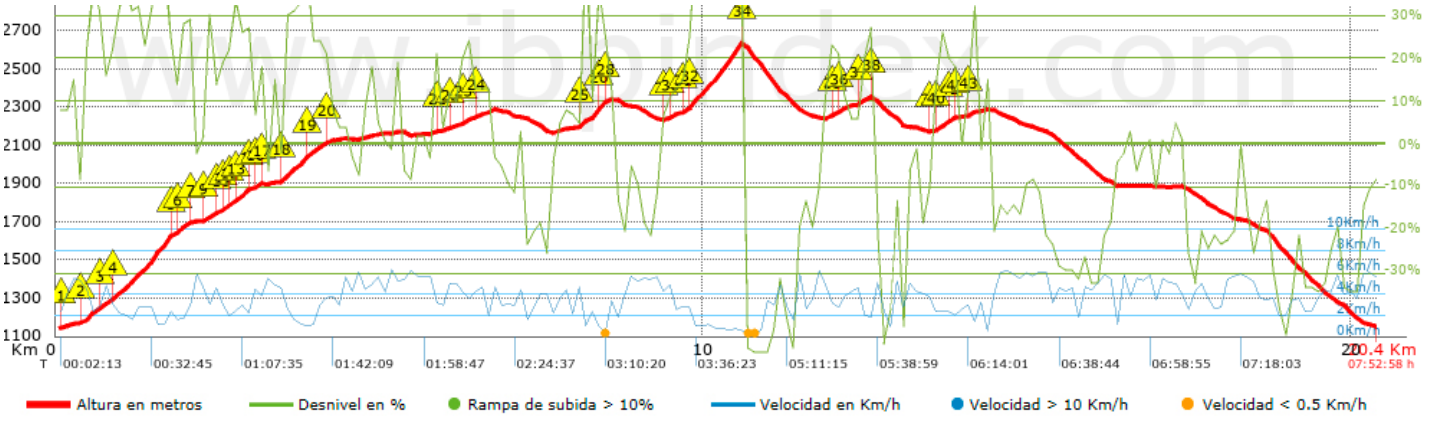


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.516	12.35	1.69	1:29:29
	Between 15 and 30%	3.239	15.89	2.67	1:12:43
	Between 10 and 15%	1.472	7.22	3.07	0:28:46
	Between 5 and 10%	1.512	7.42	3.73	0:24:20
	Between 1 and 5%	1.395	6.84	4.2	0:19:55
	Total :	10.134	49.73	2.58	3:55:13
	Plain				
	Difference of 1%	0.605	2.97	4.26	0:08:32
	Breakdown descents				
	Between 1 and 5%	1.055	5.18	3.53	0:17:55
	Between 5 and 10%	1.26	6.18	4.65	0:16:16
	Between 10 and 15%	1.391	6.83	3.98	0:20:57
	Between 15 and 30%	3.587	17.6	3.89	0:55:16
	Between 30% and 55%	2.346	11.51	2.47	0:57:02
	Total :	9.638	47.3	3.45	2:47:26
	Total track :	20.38	100 %	2.97	6:51:11

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.084	11 %	198 m
2	0.403	31 %	251 m
3	0.655	22 %	262 m
4	0.916	37 %	826 m
5	1.742	25 %	123 m
6	1.865	28 %	191 m
7	2.055	17 %	36 m
8	2.269	15 %	36 m
9	2.306	22 %	140 m
10	2.446	18 %	128 m
11	2.574	24 %	104 m
12	2.678	24 %	125 m
13	2.803	30 %	137 m
14	2.94	27 %	41 m
15	2.98	13 %	79 m
16	3.059	19 %	79 m
17	3.139	18 %	34 m
18	3.472	34 %	382 m
19	3.853	24 %	308 m
20	4.161	17 %	36 m
21	5.805	11 %	204 m
22	6.009	11 %	214 m
23	6.224	18 %	186 m
24	6.41	14 %	293 m
25	8.106	32 %	273 m
26	8.378	37 %	105 m

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27	8.483	21 %	30 m
28	8.513	14 %	64 m
29	9.372	11 %	90 m
30	9.462	14 %	196 m
31	9.659	21 %	106 m
32	9.765	41 %	776 m
33	10.541	47 %	36 m
34	10.577	27 %	34 m
35	11.943	24 %	154 m
36	12.097	16 %	70 m
37	12.361	19 %	166 m
38	12.527	27 %	33 m
39	13.505	14 %	73 m
40	13.578	22 %	205 m
41	13.783	21 %	100 m
42	13.883	13 %	36 m
43	14.049	17 %	136 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2500	632.593	3.1	0:20:01	1.9	0:48:05	1:08:06	0.56
2250	4606.244	22.6	1:53:25	2.44	0:13:42	2:07:07	2.17
2000	6899.651	33.86	2:03:47	3.34		2:03:47	3.34
1750	3352.77	16.45	0:56:33	3.56		0:56:33	3.56
1500	2066.109	10.14	0:43:52	2.83		0:43:52	2.83
Total :	17.557 Km	86.16 %	5:57:38 h	2.95 Km/h	1:01:47 h	6:59:25 h	2.51 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
8.444	0:06:59	2315	3:03:21	3:03:21	8.444
10.078	0:02:56	2409	3:44:56	0:41:35	1.633
10.336	0:17:26 > 10´	2517	4:00:17	0:15:21	0.258
10.577	0:21:34 > 10´	2632	4:21:08	0:20:51	0.241
10.749	0:09:05	2577	4:49:46	0:28:38	0.173
14.347	0:03:47	2283	6:21:16	1:31:30	3.598
Total :	1:01:47 h				

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